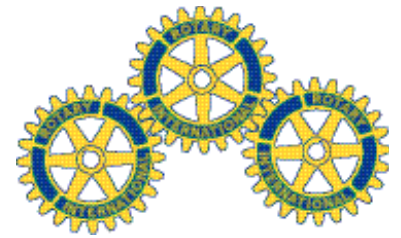




Santa Rosarian



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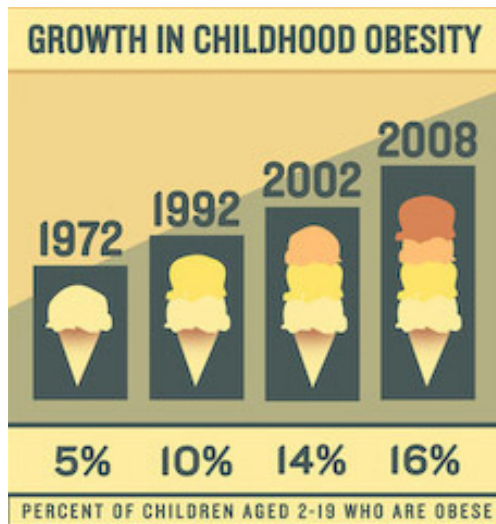
EDITOR: Matt Everson

OUR PROGRAM FOR MAY 11TH:

CHILDHOOD OBESITY

FAMILY PHYSICIAN JOE CLENDENIN'S 21ST CENTURY CRUSADE

FLAMINGO RESORT HOTEL, WEDNESDAY, 12:00 NOON



Health care providers across the U.S. are very concerned about children who are overweight or obese. They are at risk for chronic diseases such as diabetes, heart disease and high blood pressure. They miss more school due to illness and other problems due to unhealthy lifestyle choices. Age levels for adult-onset diabetes—almost always caused by overweight, unhealthy diet and lack of exercise—get younger every year, and while Type 2 diabetes can be prevented, it is not curable and combines with other poor lifestyle choices to become a major killer, a major contributor to the rising cost of health care and health insurance in this country. A recent statewide study states that obesity in the workplace and elsewhere costs Sonoma County almost half a billion dollars a year in health care costs and lost productivity!

Dr. Joseph Clendenin is one of 15 Sonoma County physicians who do their best to curb what has become America's greatest threat to good health. These doctors focus on getting children to eat right and educating parents to take responsibility for overweight, obesity, and lack of exercise.

www.santarosarotary.com

UPCOMING PROGRAMS....

May 11, 2011: Accountants panel
May 18, 2011: "Finding Pete" with Jill Hunting
May 25, 2011: Hanna Boys Center

CHECK OUT THESE LINKS

Visit our website at www.santarosarotary.com
Get involved with [Rotary Means Business](http://www.rotary.org)
Get informed <http://www.cdc.gov/obesity>
Help out at <http://www.shelterboxusa.org/>

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WEBSITE TIP OF THE WEEK

Know someone who might be interested in Rotary? Have them visit our website and fill out the CONTACT SUBMISSION FORM
<http://www.santarosarotary.com/contact-us/>

OPENING CEREMONIES

For some reason, in the past few weeks, **President Don McMillan** is impersonating that old Beck's Beer ad "Germans are great at beer, not so good at comedy... and he began the meeting with several long winded sentences he tried to convince everyone were jokes. Maybe it is that old adage "Turn your weakness into a strength by practicing?" But why does he have to practice on us? Maybe there is a jury somewhere...

Our weekly pledge was lead by the bella **Ms. Shannon Luft** and the eloquent invocation was given by equally as bella **Mrs. Kathy Archer**. For certain the best-looking pledge/invocation combo in Santa Rosa Rotary history. Why delay that with such seriousness Mr. President?

RAFFLE

Today's raffle was handled by **Red Badger** (and Cossack Alum) **Derreck Schurter**. While not nearly as good looking as the pledge/ invocation crew, he did a solid job of holding the bucket. The winning ticket was held by **Jack Geary**. Jack claimed in all his 100 years in Rotary, he had never won a raffle! He pulled a blue marble and saw his net worth increase by \$10!



President Don and Derreck Schurter cheer Jack Geary on to pick the winning marble

SUNSHINE REPORT

Another of our Club's stable of bella women, **Debi Zaft**, gave us the sad news that Yale Abram's brother has passed away.

ANNOUNCEMENTS

Have you noticed my use of the Italian word for beauty? Bella? Well, we have a beautiful bike ride coming up, called Giro BELLO! HELLO!

- There will be a Rotary information booth at the upcoming Giro Bello. All Red Badgers (not as fierce as a honey badger watch this video! <http://www.youtube.com/watch?v=4r7wHMg5Yjg>) must work this booth. Contact the fierce **Tony Walker**.
- Speaking of the Giro Bello, if you don't ride in this bike ride, **Bill Rousseau** will rip you a new one. If you do ride, he'll put in a good word to reduce your property taxes. Contact him or **Matthew Fannin!**
- Finally, the most Bella of them all, **Carmen Sinigiani** told us all about the Giro Bello, on Sunday, June 25th. Check out this website. Get on your bike! www.giobello.com
- July 9 is Casino Royale Night! As a Club, we don't condone gambling. But if you know any gambling addicts, this will be right up their alley! We need volunteers, table sponsors, liver donations, your first born, etc. But please, nobody let our President tell any jokes that night.
- World Community Service - Come to Club President Richard Pryor's 75th birthday on June 4th and support our World Community Service. All terrible joking aside, this party is raising funds to support a WCS committee that is making our Club look legit! Ten years ago, this Club gave WCS second fiddle. Today, we do projects in Uganda, Rwanda, Turkey, Mexico, and have a budget that is nearly 10 times as much as it was five years ago! AWESOME!

SUBMISSIONS WANTED

Be sure to put your Rotary committee meeting, social or other event on the online calendar! To list your event, fill out the CALENDAR SUBMISSION

FORM on our website at <http://www.santarosarotary.com/rotary-calendar/>. If you have questions, see **Matt Fannin**.

BIRTHDAYS



Matthew Fannin turned 14, **Robert Higgs** 87, **Dick Jenkins** a spritely 92, **Don McMillan** turned 7, in joke years. **Nancy Shepard** turn 29, **Gary Vice** is 45. A hearty Happy Birthday to our club's May Babies.

ROTARIAN OF THE MONTH

Cathy Vicini was named Rotarian of the Month! No joke, she is a top notch Rotarian. Her endless

generosity of wine for Polio is remarkable. Did you know this very bella lady has agreed to do her wine gig again next year?

A very well deserved award for a person our Club is absolutely lucky to call a member!



President Don honors Cathy Vicini as Rotarian of the Month!

OUR NEW "CHILDREN OF DERBENT" PROJECT

Since a group of 42 Rotarians, spouses, and friends wrapped up their tour of Turkey five years ago with a make-up meeting with Istanbul's newest Rotary Club's we have been searching for a joint World Community Services project in Turkey. Last year the Nisantasi Rotary Club invited us to participate in their campaign

to help an isolated mountain Turkish village. Starting this summer, our club will sponsor the surgery to correct a genetic deformity for one young child—a genetic handicap that has deformed babies born in Derbent since the days of the Ottoman Empire 150 years ago.

This small village has barely survived for generations among the extremely rugged arid rocky terrain of Turkey's coastal mountain range. Isolated from roads, transportation, and distance, and blocked off from the sea by the coastal mountains, Derbent's genetic gene pool was small. 20 percent of the people were born with deformed hands and feet—a condition called "Syndactyly". While surgically correcting the children's deformities has no genetic impact on this highly-isolated inbreeding problem in Derbent, the social impact of the surgeries is subtle but significant.

More and more children, born with these deformities have been isolated them from "normal" people, creating a growing lower class of people whose affected offspring were caught in a downward spiral of isolation, menial labor, and poverty. Two years ago a few doctors in Ankara and some Rotarians in Istanbul got together, led by one of the Nisantasi Rotary club's first presidents and a dedicated young surgeon. The genetic dilemma of the children of Derbent became one of their projects. The results have been the affected children were brought to hospital, one by one, along with their parents, and eventually returned to Derbent, and a changed life. The stigma is gone, the children are part of the social majority, and no one is sentenced to poor lives among the goats and the mountains.

Our Club's World Community Committee recommended this unique project because it is a tiny solution that unites our U.S. community with ordinary Muslims who live in the only democratic nation that is traditionally Islamic...a truly international humanitarian project on the smallest scale with two Rotary Clubs from different worlds, working together to help children overcome nature's adversity.

PROGRAM

Deborah Gray introduced Sonoma County Supervisor Mike McGuire to our Club. He started his talk by saying he was a Rotarian but forgot his pin! County employee Bill Rousseau came to his aid.

As a 19 year old SRJC student when he was elected to the Healdsburg School Board. Then, in 2004, after graduating from Sonoma State (an AMAZING university), Mike was elected to the Healdsburg City Council and then became the youngest mayor in Healdsburg history.

Last November he was elected as the 4th District supervisor for Sonoma County that includes northwest Santa Rosa, Larkfield, Wikiup, Windsor, Healdsburg, Geyserville, and the city of Cloverdale. Including all those wineries & vineyards, the huge Lake Sonoma, and Russian River. Basically, all of the best marijuana growing regions of our Bello county.



**Sonoma County Supervisor
Mike McGuire**

Mike spoke of ways the county is going to combat the continual budget crisis. First, they plan to set up the Sonoma County Poultry Poop-Op. Yep. No joke. They plan to turn chicken poop into energy to power water. We'll need this! As we saw in last week's paper, marijuana growing sucks up more than smoke through a water bong! Apparently these entrepreneurs use a lot of electricity to grow their not-so-green crop.

Speaking of marijuana, the Supes are looking hard at getting high on tax revenue from the bud. They want to be sure all co-ops are legit, paying taxes and working within the law.

He touched on airport improvements, schools, prisons, a \$43 million looming budget deficit,

cuts, employment and more. He even left time for questions. An impressive young leader!

In all seriousness, he was very well spoken. His best statement of the day was this is not a Republican or Democrat issue. This is an issue we all are facing, in regards to our dwindling county revenues.

DON'T FORGET! WEBSITE MEMBER DIRECTORY

All club members: Please provide the information that you wish to have listed on our new website member directory. Log on to the website and update your profile at the "Members Only" page or contact Jack Abercrombie: jackabercrombie@sbcglobal.net



**Nicole Le, Diane Moresi and Jerry
Marquis are all smiles**

***This week's photographer:
Kris Anderson***

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